

Montpelier Interim Menu
September – October 2020
Week 1

Meat-Free Monday	Tuesday	Wednesday	Thursday	Friday
Tomato and Basil Pasta	Caribbean Style Curry with Rice	Lamb Bolognaise with Penne Pasta	Piri Piri Style Chicken with Rice	Fish Fingers and Chips
Chickpea Dal with Rice	Sweet Potato Stir with Rice	Carrot and Lentil Bolognaise with Penne Pasta	Jacket Potato with Cheese and Beans	Bean and Vegetable Chilli with Rice
Vegetable of the Day	Vegetable of the Day	Vegetable of the Day	Vegetable of the Day	Vegetable of the Day
Harrison Bear Lemon Shortbread	Mixed Fresh Fruit Bag	Chocolate Muffin	Iced Orange Cake	Mixed Fresh Fruit Bag

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Week 2

Meat-Free Monday	Tuesday	Wednesday	Thursday	Friday
Macaroni Cheese	Chicken Tikka Masala with Rice	Lamb Keema with Rice	Sausages & Mash	Homemade Cheese and Tomato Pizza with Chips
Rajma Red Bean Curry with Rice	Vegetable Chow Mein	Jacket Potato with Cheese and Baked Beans	Vegetarian Sausages & Mash	Italian-Style Meatballs in a Tomato Sauce with Pasta
Vegetable of the Day	Vegetable of the Day	Vegetable of the Day	Vegetable of the Day	Vegetable of the Day
Lemon Cupcake	Mixed Fresh Fruit Bag	Ice Cream	Mixed Fresh Fruit Bag	Orange Shortbread